

THE BULLDOG



YARROW COMMUNITY SCHOOL

WHAT'S IN
THIS
MONTH'S
ISSUE:

COVID
TERRY FOX
MONTHLY
CALENDAR
SELF
REGULATION

OCTOBER

Friday 8th 10:55
Early Dismissal

11 Thanksgiving
Monday

22 Pro D Day

26 PAC meeting
7pm Zoom

29 Wear your Costume
to school



EMBRACE THE JOURNEY

With the new announcement of the K-3 mask mandate I am well aware that there many differing opinions. As a school we are going to do our best to navigate through and help everyone, stay safe and comfortable. We are well into the new learning of each grade level and are starting to cement new thinking and learning. We have a busy October and hope that we can make some huge gains in our students reading. Thank you for finding time to read at home and listen to reading.

Terry Fox

This year we have pushed our Terry Fox run into October . We are currently collecting "Toonies for Terry, hoping to reach \$600. If we do Mrs. McCann and Mrs. Hills have agreed to take a pie in the face.

Yarrow Elementary is celebrating this year's Terry Fox School Run and your help is needed. This Thanksgiving, as you connect with family and friends, you too can share Terry's message of hope. Please share and donate to our school's fundraising efforts at: <http://www.terryfox.ca/YarrowCommunitySchool> Thank you! #terryfoxschoolruns @terryfoxfoundation



INTRAMURALS & SOCCER

We are excited to announce that we will be running school intramural this year. This gives grades 2-5 an opportunity to learn skills while playing a pick up game at lunch. Teachers are giving up their lunch breaks to coach and ref. Thank you to Mr. Wickman for spearheading this. Students are put into house teams and grades 2/3 play on Tuesday and Thursday while grade 4/5 play on Wednesday and Friday. Mr. Gregory is coaching a grade 4/5 mixed soccer team. They practice at lunch and play games after school. It is great for our students to stay active.

PAC NEWS

Wow! The end of September got a little crazy, but we still had a great start to the year! Thank you to everyone who has participated in PAC events so far! It was so great to see so many faces out for the Meet the Teacher BBQ! We have also just finished the Great Little Coupon Book Fundraiser. You should see those coming home with your child the next few days. We also had our very first PAC meeting of the year. Unfortunately, we did have some technical issues with the ZOOM link so apologies to anyone who tried to join but was unable to do so. Hopefully, we will have those kinks worked out before next month! In our PAC meeting Deanne Zacharias was voted in as our new Treasurer and we are so excited to see her contributions to our PAC team! If you do not have Facebook you can stay updated by frequently checking the school website PAC Website, email updates, and if you have Instagram find us there!

UPCOMING with PAC:

Terry Fox Run: We will need a few volunteers to help with handing out treats to our kids after their run! More details coming soon.

Neufeld Farms Fundraiser: You will have received a poster with a QR code and your child's seller number. Neufeld Farms monies are going to help fund our teacher classrooms. Every year we give money to the teachers to help their classroom budgets. Teachers use this money in various ways (ie- field trips, rewards for kids' achievements in class, supplies for class decorations etc.). What you get is some amazing foods to help stock up your freezer! So many yummy options!

Hot Lunch!

We are having the hot lunch program this year! We are so excited to be using a catering company called Fuel Catering. They specialize in school catering and meet all of the COVID requirements for our district! Ordering is open NOW on Munch-a-Lunch. Ordering will close 8 days prior to the lunch date so order early so you do not miss out!! Our first lunch Date is October 29th!

We will be needing 2-3 parent volunteers for hot lunch days! There will be a sign-up sheet available soon!

We would love to have you join us for our next PAC meeting on Tuesday October 26th @ 7PM.
-Your YCS PAC Execs

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SEPTEMBER WELCOME BAR BQ- ORANGE SHIRT CELEBRATION- MRS. MOTZ CLASS-STORY



THIS YEAR WE WILL BE FOCUSING ON OPTIMAL SELF-REGULATION STRATEGIES TO SUPPORT OUR LEARNING!

What is Self-Regulation?

- Self-Regulation is when we can tell how we are feeling and decide what we need to do feel better.



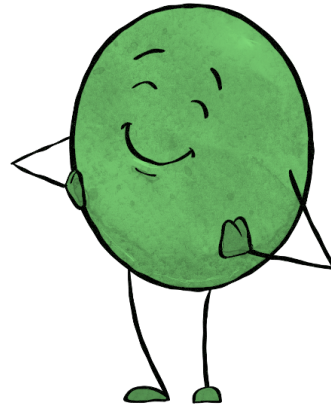
Get fresh air



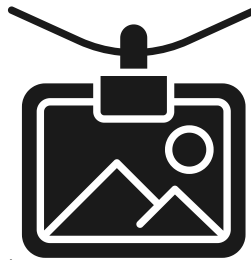
Ask for a break



Take deep breaths



HOW CAN I GET
BACK TO GREEN?



Field Trips

Classes will be taking part in various field trips this year. To start off there will be a group hiking Linden Lake, the pumpkin patch, and Hicks lake to name a few. Please check planners and e mails for these premission slips.

Everyone is mindful of how quickly illness can spread through a class or the school. In these times, our COVID protocols must be followed and parents must complete a Daily Health Check with their children. It is important to note that if your child is ill, especially if there are COVID-like symptoms, keep them home. Please do not send a sick child to school hoping that they may get better. Err on the side of caution, and keep your child home to help prevent others from becoming sick.



Walking Safety

Student and Families are reminded of the importance of using the crosswalks and sidewalks when crossing our school parking lot and when crossing the streets adjacent to our school. Thank you in advanced for modelling this important safety measure for all students.



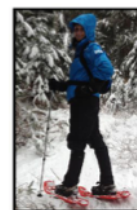
Indigenous Walk
Mrs. Buxton's Class
Reading
Mrs. Motz spelling

PE TEACHER: MRS. PARKER

Hello! My name is Mrs. Parker. I am a PE Teacher at Yarrow Community School. I look forward to working with the children, families, and staff here at Yarrow Community School this year!

ME:

I was fortunate to be given the opportunity to do my teaching practicum here at Yarrow Community School in 2009/2010. I began my journey as a Physical Education teacher at Strathcona Elementary School in 2011, and I started teaching PE at Yarrow in 2019. I strive to help children develop a love for being healthy and active. I believe it is important to live a healthy lifestyle and participate in a variety of physical activities throughout your life.



MY FAMILY:

My husband loves sports (especially football) and being active with our children. Our son is a very active 8 year old that loves books, helping around the house, playing with our dog, and enjoys every sport or physical activity he tries (especially hockey, swimming, and biking). Our daughter is 4.5 years old and she loves to skate, swim, ride her bike, dance, and loves to run long distances with our dog! As a family we love to cheer on the New York Islanders!

MY FAVOURITE ACTIVITIES/HOBBIES:

I love swimming, surfing, wakeboarding, kayaking, paddle boarding, snowboarding, snow shoeing, running, biking, skating, playing soccer, basketball, softball, volleyball, badminton, archery, tennis, traveling, reading, taking pictures and organizing!



MY FAVOURITE BOOK:

What I do Best! By Miki Sakamoto. It is a book about children who all have unique talents that they can feel good about. Diversity is a beautiful thing.

CONTACT ME:

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Yarrow Community School



Please make sure all forms are handed back to school. The green verification form is important for the office to stay updated.

