

# THE BULLDOG **September**

**Wed, Sept 18th** - Picture day

**Mon, Sept 20th** - School Hike

- Coffee Truck in the morning

**Mon, Sept 23rd** - Mentor Monday

**Tues, Sept 24th** - PAC meeting

**Thurs, Sept 26th** - Orange shirt day

- Hot Lunch

**Fri, Sept 27th** - Pro D Day

**Mon, Sept 30th** - Truth & Reconciliation

Welcome to the first newsletter of the year. Newsletters will be published on the website and sent out the first Monday of the Month. The office will also be sending out weekly reminders every Friday of events for the upcoming week. Our goal is to try to communicate as much as possible. Communication is so important to a school community. I have an open door policy and would invite you to come in and ask questions if you have concerns or comments. Emma Johnson is the clerical at the school. She sends out the weekly e mails and will be the one answering the phone. Do not hesitate to give us a call.

Every family will also be receiving a hard copy of the calendar handbook and will guide you through the year.

## MEET THE TEACHER

Tuesday September 17 families are invited to check out their child's classroom from 5-6:30. Teacher will be in their classrooms from 5-5:30 and outside from 5:30-6:30. Please see the PAC letter for more information.



## PICTURE DAY



Mountain West photography will be taking students individual photos this year on September 18th. Retakes are on October 23.

## SCHOOL HIKE

Building community in our school is important to us. We are all part of each child's education. From time to time we will be holding school events. We would like to start with a school wide hike to Qoqo:lem Park on Vedder road. The buses will leave here at 10:30.



## YARROW SWAG

We will continue to take t-shirt and hoodie orders. Order forms are at the office and we accept cash or cheque.



## PAC

Yarrow's Parent Advisory Committee meets on the last Tuesday of the month in the library at 7:00.

There is strong evidence that increased parent involvement in the school results in increased student achievement, accomplishment, satisfaction, and bonding, all of which results in decreased dropout rates and better citizens.

All parents are welcome to join us and become part of the discussions and get involved in activities that enhance student engagement.

# STAFFING UPDATES

We have 13 division this year, we previously thought there would be 14 but our numbers right now are 272 students from kindergarten to grade 5.

Welcome to Mrs. Sarah Balsillie

She is teaching grade 3/4

Sarah comes with a wealth of knowledge and experience

Ms. Alysha Klassen

She is our learning assistance and Prep teacher this year

Ms. Klassen will be working Monday to Thursday

Mr. Zane Jiwa

He is our school counsellor

Mr. Jiwa will be at school on Mondays and Tuesdays

Ms. Madeline Mcculloch

She is covering for Chelsey Bauml who is off on a maternity leave until Christmas

**NEW  
UPDATE**

# ORANGE SHIRT DAY

Orange Shirt Day is an annual event held each September. On the 26th we encourage everyone to wear orange in remembrance of the children that were taken away to residential schools. The orange shirt is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations. We will be discussing that every child matters.

On September 30 we celebrate National Day for Truth and Reconciliation. The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process.



# SCHOOL SUPPLIES

Once again teachers will be purchasing school supplies on your behalf. This year we are asking students to pay \$60, this includes a planner. This can be paid online at [www.studentquickpay.com/sd33](http://www.studentquickpay.com/sd33) or by cash or cheque at the office. If you are unable to pay, please reach out to your teacher or the office.



# FRESH AND FAST

In June we received a food cart to help and support barrier free access to food. We were one of the 15 schools that were piloting the cart last year. This year we will continue to have it stocked for students that need an extra snack. We asked that students take only what they need. Attached to this newsletter is also a list of places where you can go if you are struggling to make ends meet. We are also more than willing to help and support families that may be in a struggling season. Please feel free to reach out if you are needing any support.



# MENTOR MONDAY

Once again this year students will be partnered up with a buddy. We try to put a younger child with an older one. Students will meet with their buddies monthly and complete an activity. We hope that this helps to build community.



# TERRY FOX

Our school will be participating in the Terry Fox run this year on October 11th. We will be collecting orders for the new Terry Fox t shirt with the slogan "No Matter What" on them. Youth sizes cost \$20 and adult sizes \$25. Order forms went home this week, please return them by September 19th to order! The money we raise through t shirt orders will be added to our school's fundraising goal of \$1200! Thank you for your support.



# Library News

## BOOK CARE

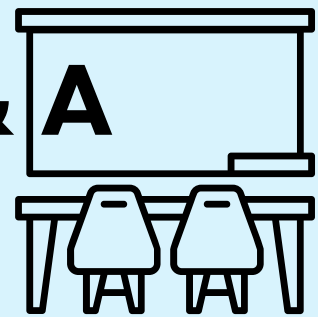
We are back into the swing of things in the library! Students have been excited to come back and check out some books. Please make sure to take care of our books while they are at your home remembering these important rules:

1. Do not eat or drink with your library book
2. Do not let your little brother, sister, or pet get a hold of your book
3. Keep books clean and dry by putting them in a good spot in your backpack
4. Put your book where you will remember it to return each week
5. Pay for missing, lost or damaged books so you can keep checking out books

## SUPER READER

We have started up Super Reader again! Students with planners will find the sheets in the first couple pages of the planner. Younger students will be getting their first sheet sent home with them on their library day. You can count back to the first day of school, so if you've been reading since school started, don't forget to count those nights! Make sure to only hand in one sheet at a time on the dates listed on the Super Reader sheets. Make a goal for yourself and see if you can reach it by the end of the year. Our hope is that everyone will be proud of how many nights they read and how much better at reading they got!

# Split Classes Q & A



## Why are there split classes?

Schools organize split grades when the numbers of students need to be balanced out and to provide additional placement opportunities for new students in grades that have unusually large numbers.

## Are split grades new?

No –They go back to the origins of the one room schoolhouse where all students from grades 1 to 8 were in a single class. There have been years when Yarrow has not had any split grade classes and some years when there have been many. The need for and number of split grade classrooms is solely dependent on enrolment numbers in any given year.

## How are split classes formed?

Previous classroom teachers help to build new classrooms for the upcoming year. Class composition is very carefully thought out by the school staff. Each and every child is placed with consideration. Likewise, individual needs are also balanced with class dynamics and the needs and compatibility of the group. Some of the other factors taken into consideration are classroom size, work habits, emotional development, exceptional learning needs, social development, etc.

## Is it really possible to teach two different grades?

Just as in the same-grade classes, teachers of split grade classrooms use a wide range of teaching strategies to make sure they cover the curriculum expectations. Students in a split grade follow expectations for their specific grade. Students in a split grade spend time learning as a whole class, in small groups and individually. Sometimes they will be grouped based on specific grade-level task and other times the teacher will group them based on their learning needs.

# PE TEACHER: MRS. PARKER

Hello! My name is Mrs. Parker. I am a PE Teacher at Yarrow Community School. I look forward to working with the children, families, and staff here at Yarrow Community School this year ☺



## ME:

I was fortunate to be given the opportunity to do my teaching practicum's here at Yarrow Community School in 2009/2010. I began my journey as a Physical Education teacher at Strathcona Elementary School in 2011, and I started teaching PE at Yarrow in 2019. I strive to help children develop a love for being healthy and active. I believe it is important to live a healthy lifestyle and participate in a variety of physical activities throughout your life.



## MY FAMILY:

My husband loves sports (especially football) and being outdoors with our children. Our son is a very active 11 year old that loves hiking, hockey, swimming, and reading. Our daughter is 7.5 years old and she loves to skate, swim, ride her bike, and draw. As a family we love to cheer on the New York Islanders!



## MY FAVOURITE ACTIVITIES/HOBBIES:

I love swimming, surfing, wakeboarding, kayaking, paddle boarding, snowboarding, snow shoeing, running, biking, skating, playing soccer, basketball, softball, volleyball, badminton, archery, tennis, traveling, reading, taking pictures and organizing!



## MY FAVOURITE BOOK:

What I do Best! By Miki Sakamoto. It is a book about children who all have unique talents that they can feel good about. Diversity is a beautify thing.



## CONTACT ME:



Email: [teryn\\_parker@sd33.bc.ca](mailto:teryn_parker@sd33.bc.ca)  
School Phone Number:  
604-823-4408



# Yarrow Community School PAC NEWS



Welcome to the Yarrow Community School PAC. We hope you've had a great start to the 2024-2025 school year! On the backside of this newsletter is a PAC FAQ's sheet...which I hope will be helpful for you to answer all things PAC. The PAC is here to support the kids and the school and we would love for you to be involved! Come on out to a PAC Meeting or email us for how you could help - yarrowpac@gmail.com. We look forward to building connections and community this year.

## Coupon Book Fundraiser

On Now! Can your family sell 5 Great Little Coupon Books? Order forms coming home today with more info. **Orders due by Sept. 25.** Some great new coupons this year!



## Meet the Teacher BBQ

September 17 @ Yarrow Community School

Pre-order your meals on MunchaLunch by Sept. 13

[www.munchalunch.com](http://www.munchalunch.com)

Hot Dog, Chips & Juice Box or Water - \$6



## Upcoming PAC Dates

- Sept. 17 - Meet the Teacher BBQ
- Sept. 19 - Hot Lunch Orders Due
- Sept. 20 - Parent Coffee Social  
7:30 - 9:00am - Bear Mountain Coffee
- Sept. 24 - PAC Meeting  
7PM @ YCS Library
- Sept. 25 - Coupon Book Orders Due
- Sept. 26 - Hot Lunch



## Hot Lunch Team Needed.

We need help with Hot Lunches this year. Hot lunch happens the last Thurs or Fri of the month. We are looking to create a team to divide up the tasks of organizing lunches with restaurants, inputting the meals on munch a lunch, shopping for food, picking up food from restaurants, collecting munch a lunch payments from parents, printing out orders, organizing volunteers to sort and delivering the lunch, etc. We need a team of parents to make Hot Lunch happen this year. **Email us at yarrowpac@gmail.com if you can commit to this team.**

## Pay It Forward

On MunchaLunch, our hot lunch ordering system, we offer a Pay It Forward option of a partial or full lunch. If you are able, this allows you to buy lunch for another child who is not able to purchase hot lunch. The support through this option has been greatly appreciated over the years! Hot lunch ordering should open by the end of this week!

## We are here to Help!

The PAC is here to help or find ways to help...and sometimes we all need a little help. If you are in need of some help with school costs (supplies, etc.) feel free to reach out to the PAC or the school and we can work to get you some help!




Thank you to Curtis Fast and Brandon and Emily Arthur for some fantastic mud kitchen additions! Check out the mud kitchen next time you're by the school.

## 2024-2025 PAC Executive

President - Leanne Letham Vice President - Marie Vroom  
Secretary - Natasha Vandierman Treasurer - Aimee McAllister

 Join our Facebook Page  
Yarrow Community School PAC

 Join our Email list...email us!  
yarrowpac@gmail.com

<https://yarrow.sd33.bc.ca/parent-advisory-council-pac>







# PAC FAQ'S

## YARROW COMMUNITY SCHOOL



Our main methods of communication are our Facebook page, email, monthly newsletter & notices, our website, and at our meetings. Email us if you have any questions!

 [yarrowpac@gmail.com](mailto:yarrowpac@gmail.com)  
 Yarrow Community School PAC



<https://yarrow.sd33.bc.ca/parent-advisory-council-pac>

PAC Meetings - the last Tuesday of the month at 7PM @ YCS Library. If you have a child at YCS, we want to hear from you and have you involved...come on out to a meeting!

**PAC Meeting Dates** this year...

Sept. 24, Oct. 29, Nov. 26, Jan. 28, Feb. 25, Apr. 29, May 27

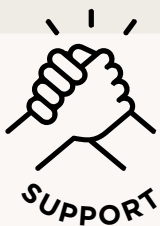


Hot lunch can be purchased once per month from different restaurants. Sign up on [www.munchalunch.com](http://www.munchalunch.com) to place your orders. Payment accepted through credit card on the site or e-transfer to [yarrowpac@gmail.com](mailto:yarrowpac@gmail.com) (include child's name & event in the memo!) If your child is sick on hot lunch day...please feel free to pick up their lunch or call and ask for it to go home with a sibling or else it will be redistributed.



**Hot Lunch Dates** - Thurs, Sept 26, Thurs, Oct. 24, Fri, Nov. 29, Fri, Dec. 20, Fri, Jan. 31, Thurs, Feb. 27, Thurs, April 24, Thurs, May 29

The PAC puts on events throughout the school year including movie nights, meet the teacher barbecue, monthly popcorn and smoothie days etc. The PAC coordinates school yearbooks, treats after the Terry Fox Run, Christmas pizza lunch for the school, etc.



The PAC supports the school in a variety of ways including providing classroom funds to each class to help fund books and supplies for the classroom and offset field trip costs, funding One School, One Book, sponsoring the school year end field trip, and supporting technology, to name a few.

The PAC runs monthly fundraisers to raise money to support the variety of initiatives. This year we are planning to run the Great Little Coupon Book, the Anti-Fundraiser Fundraiser, Neufeld Farms in the fall and spring, Purdys Chocolates near Christmas, West Coast Seeds, and SoLuxury. We are open to new ideas as well! We greatly appreciate your support as you are able, but there is never any pressure to participate.

For All e-transfers - please send them to [yarrowpac@gmail.com](mailto:yarrowpac@gmail.com) including child's name and event!



**Many hands make light work and in order to organize all of these things for our children and our school, we need your help or it may not all be able to happen.** It seems like there is always something that needs to be done at the school and even a little time here or there makes a big difference. Come out to a meeting or email us to get involved.



**Chilliwack  
School District**

**Partners in Learning!**

September 6, 2024

Dear Parent/Guardian

Your school bus driver and teaching staff will be conducting school bus emergency evacuation drills in September/October at your school. One of the methods of evacuation requires students to jump out the back door, with assistance, onto a rubber mat - a height of approximately one meter. Appropriate footwear for this day would help to ensure student safety. Some of the grade 5 students will be selected to act as helpers.

If you have any objections or questions concerning your child's participation in these drills please contact the school or call the Transportation Department at 604-792-1255.

This is part of our on-going school bus safety program.

Thank you for your cooperation.

Wayne Williams  
Manager of Transportation  
Cc Elementary Principals

## Keep immunizations up to date

You can check the immunization records of your child or the child in your care one of these ways:

- Scanning this QR code
- Going online to [HealthGateway.gov.bc.ca](https://HealthGateway.gov.bc.ca)
- Using the Health Gateway app



Records for children under 12 years old are on their parent's account. Children 12 years and older need to log in to their own accounts to see their records.

### How do I get vaccines for the child?

You can make an appointment for immunization at a public health unit. Please call:



- 604-702-4906 if you live in Mission, Abbotsford, Chilliwack, Agassiz, or Hope
- 604-476-7087 if you live in any of the other communities of Fraser Health

If you prefer, you can make an immunization appointment with a doctor, nurse practitioner, or pharmacist. Call ahead and ask if this service is available. All routine vaccines are free in British Columbia.

### What if the child had vaccines, but they are not on their immunization record?

If vaccines were given by a family doctor, nurse practitioner, or pharmacist, they might not be on the child's immunization record. If the record is missing vaccines, please do the following:

1. Contact the health care provider that gave the immunization and ask for a copy of the immunization record.
2. Report these immunizations by either scanning this QR code or by going to [FraserHealth.ca/immunizationform](https://FraserHealth.ca/immunizationform)



For more information go to [FraserHealth.ca/immunize](https://FraserHealth.ca/immunize) or call your local public health unit.



Public Health Units					
<b>Abbotsford</b> 604-864-3400	<b>Agassiz</b> 604-793-7160	<b>Burnaby</b> 604-918-7605	<b>Chilliwack</b> 604-702-4900	<b>Cloverdale</b> 604-575-5100	<b>Guildford</b> 604-587-4750
<b>Hope</b> 604-860-7630	<b>Langley</b> 604-539-2900	<b>Maple Ridge</b> 604-476-7000	<b>Mission</b> 604-814-5500	<b>New Westminster</b> 604-777-6740	<b>TriCities (Port Moody)</b> 604-949-7200
<b>Newton</b> 604-592-2000	<b>North Delta</b> 604-507-5400	<b>North Surrey</b> 604-587-7900	<b>South Delta</b> 604-952-3550	<b>White Rock</b> 604-542-4000	



### Free Food Programs in Chilliwack

	Program Name	Program Description	Hosting Organization(s)	Who this is for?	How to access/contact
Hamper Pick Up	Starfish Backpack Program	Bi-weekly food hampers for families through the schools	SD33 and Chilliwack Bowls of Hope	Families of school aged children in the Chilliwack School District (elementary to high school)	Through school staff or email Jane - janeullyot@gmail.com
	Salvation Army Pantry	Self selection fresh food hamper	Chilliwack Salvation Army	Anyone	Walk in only @ 45746 Yale Rd *Daily visits allowed M-F 10-12/1-3:30 Call for appointments M-F 9-12/1-4
	Salvation Army Food Bank	Monthly Hamper program	Chilliwack Salvation Army	Anyone	Main office 604-792-0001
	Food Closet	Basic dry food items up to 6x per calendar year	Sardis Community Church	Sardis Residents only	Walk in 45625 South Sumas Rd M-Th 8:30-2:00 or call Main Office 604-858-7191
	Ruth & Naomi's Hamper Program	Dry goods hampers	Ruth & Naomi's Mission	Anyone who cannot attend daily community dinners and has an address	Hampers on Wednesday 12-3pm Walk in 46129 Princess Ave - 7 days/week 6-7pm Sign-up Friday mornings on Facebook Page or at www.thefreestorecanada.com/get-support Hamper pick up Sat/Sun 11-12:30
	Free Store Chilliwack	Free food hamper (1 per family)	Free Store Chilliwack & Social Program Development	Anyone, Signup required online (1 hamper every 3-5 weeks)	Hamper pick up Sat/Sun 11-12:30
	Cyrus Centre Youth Hampers	Bi-weekly food hampers for youth	Chilliwack Cyrus Centre (satellite location of the Salvation Army Food Bank)	Youth Ages 16 to 24	Walk in to register for the program during resource centre hours, 12-8pm 7 days/week 45845 Wellington Ave
Baby Supplies Pick Up	Meadow Rose Baby Supplies	Baby food, formula, and any baby supplies	Meadow Rose Society	Children 3 and under, 2 times per month	Walk in 45789 Spadina Ave T/W/Th 11-1 or call 604-392-1133
Resource Pick Up	Chilliwack Community Cupboard	Food, clothing, and other household items at no charge	Chilliwack Community Cupboard Society	Chilliwack families with children under the age of 19	Contact chilliwackcommunitycupboard@gmail.com or 604-203-9525. Appointment only through their Facebook page Thurs 9:30-11:30. Location 9525 College St. (back parking lot). Open Daily Mon-Sat 9-5:30
	Senior Food Program Tydel Foods	Monthly meal pack with free added resources (fruit/vegetables/dry goods) *Meat package paid by clients	Tydel Foods Senior Program	Seniors 60+ struggling with Food Insecurity	Contact Brigida - brigida@tydelfoods.com or call at 604-316-6015 Updates also on Facebook Page
	Little Food Bank	A small, low barrier free-standing structure, items donated by local residents *take items if you need to; leave some items if you can	Local Yarrow Residents	Anyone in Yarrow Area	Accessible 24/7 in Yarrow Pioneer Park 4390 Kehler St, Chilliwack, BC V2R 5E4
Meal Pick Up	Community Dinner	Dinner Take-Out	Ruth & Naomi's Mission	Anyone	Registration not required. Walk in only 46130 Margaret Ave 7 days/week 6-7pm
	Soup Kitchen	Lunch Dine- In	Chilliwack Salvation Army	Adults only	Walk in only 45746 Yale Road M-F 12-1pm