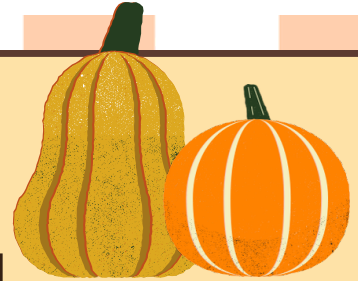


The Bulldog: **OCTOBER**

Upcoming Events

- Oct 1 - PAC Meeting - 7pm
- Oct 8 - Terry Fox Run @ 12:30
- Oct 9 - Professional Day - No School
- Oct 12 - Thanksgiving Monday - No School
- Oct 14 - Popcorn Day
- Oct 15 - Fire, earthquake, lockdown & hold and secure drills
- Oct 19 - Photo Re-takes
- Oct 21 - Parent-Teacher Conferences - 3-6pm
- Oct 22 - Early Dismissal - dismissal at 11am
- Oct 23 - Professional Day - No School
- Oct 29 - Hot Lunch
- Oct 30 - Halloween Costume Parade



Happy October everyone!

Wow, have the first few weeks of school flown by. Classes are settled in and, as always, our focus is on literacy and numeracy foundations, while also encouraging kindness and respect - key qualities of being a Bulldog.

Thank you to everyone for all of your efforts to help get students back into routines and here on time. It is so appreciated and beneficial for student learning. Thank you also to our amazing PAC and all the volunteers that helped make our Meet the Teacher BBQ a success. It was wonderful to get to see new and familiar faces and to be in community together.



Terry Fox Run

Our Terry Fox Run will be Thursday, Oct 8th at 12:30. We will be collecting donations all next week for the Terry Fox organization. Please send in your loonies, toonies or \$5 bills for Terry. We invite students to come ready with high-fives for Terry, who is now featured on the five-dollar bill!



Halloween Parade

On October 30th we will be having a costume parade at the front of the school before recess! We are excited to see everyone's costumes. We ask that students do not wear masks and that costumes are not too scary.



Parent/Teacher Conferences

It is time to connect with your child's teacher. On Wednesday, Oct. 21 we invite you to come in after school and check out all the learning we have done so far. Your child's teacher will be reaching out to you to outline their process.

School Supply Fee

Please pay your students' \$60 school supply fee if you have not done so already. You can pay online via QuickPay by visiting this link:
<https://www.studentquickpay.com/sd33/>





School Photos



School photos are ready to be viewed and ordered. Visit this link to access the gallery: <https://vando.imagequix.com/K9L3W9Z>. Your code was provided on photo day. The deadline for ordering is October 14, 2026.

If you are missing your login code, visit <https://www.mountainwest.ca/support-for-families> and enter the information required.

Photo retake day is October 19. Head to the school Website to sign up.

Emergency Procedures Drills - Oct 15

On October 15, our school will be conducting emergency procedure drills, including fire, earthquake, lockdown, and hold-and-secure drills. These drills are an important opportunity for students and staff to practice what to do in different situations and help keep everyone safe.

We encourage families to talk with their students about the drills ahead of time and remind them that they are not meant to be scary. Practicing these procedures helps us feel prepared and confident should an emergency ever occur.

Dress for the weather

As the seasons change, please remember to send your child to school dressed for the weather. A warm jacket, rain gear, or extra layers can help ensure students stay comfortable and enjoy their time outdoors.



Reporting an Absence

Please remember to use the SafeArrival app to report your child's absence or late arrival. The SafeArrival link can be found on our school website's homepage.



LIBRARY NEWS

OCTOBER 2026



Super Reader

Super Reader has begun! If you've been reading every day at home since school started you can go back and check off one box for each day you read at least 20 minutes. Any time you read at home for that amount of time or more, it counts as one box. Find the Super Reader sheets at the beginning of your planner or come get the first 50 nights sheet from the library. The first day to hand in 50 nights is Tuesday, October 27. Don't get too far behind in recording your reading as you can only hand in one sheet at a time!

Library Books

Now that we are back into routine, please make sure to keep track of library books at home and put them in a safe place where they won't get damaged or lost. With rainy weather upon us, make sure to protect our books so they come back to the library in the same shape that you got them. Mistakes happen and if they do, we will need to charge students for a replacement copy so our library stays fully stocked with amazing books!

Upcoming Events

In October we do a bookmark contest in the library. The winners will get copies of their bookmarks made and these will be our bookmarks that any student can take when they need one. This is always an exciting event and we usually get over 100 submissions! Contest sheets are in the library, make sure to read the guidelines to follow for bookmark submissions and get yours in by Thursday, October 22. Students and staff will vote the following week for our top 8-10 books for the year.



From the Community school

604-823-0257 | sallylum@shaw.ca

Yarrow Community Society is

very grateful for the support from the City of Chilliwack and SD33. Through this partnership we offer a variety of recreational and social programs in our community. Please contact coordinator Sally Lum at 604-823-0257 or sallylum@shaw.ca

CHILD CARE PROGRAMS

Puddle Jumpers Daycare - for children 30 months - 5 years old

Jellybeans Preschool - licensed 3 and 4 yr. old programs. Please email jellybeanspreschool@gmail.com

After School Care - Out of school care for school age children. Full and part time rates available this year.

FACILITY RENTALS

Our spaces are available for rent evenings and weekends throughout most of the year. Great spaces and very reasonable rates.

ADULT GENTLE YOGA

Thursdays, 6-7 pm. Instructor Diane Carballo. Call 604.831.1263 or register online at dianecarballo.com.

JUNIOR GOLF PROGRAM

For Girls and Boys in grade 1 - 5 who

would be interested to learn the basics of golf - chipping, putting and full swings. 4 - 1 hr. sessions after school in the gym. Call Sally to find out more and get on the list. Qualified and fun coaches from Chilliwack Golf Club.

ZUMBA

Mon & Wed evenings 6:30-7:30PM. Try the first 3 classes for just \$20. Call or text Mike 604-344-0454 to sign up

TRY TENNIS

Beginner skills for kids. 6 - 12 yrs.

\$185 for this 8-week program

Thursdays 5-6pm in the gym. All equipment supplied by our Tennis Canada certified coach, Sharjeel.

Registration forms available online or call Sally if you have any questions.

SENIORS LUNCH

Local seniors are welcome to join us on Wednesdays once a month 11:30-12:30 for a sit down lunch (provided) and games/crafts with students from Yarrow School. Call Sally

CYCLING WITHOUT AGE

Give someone a reason to smile this Fall!. To find out more about our FREE program, maybe book a ride, check out our FB page at Cycling Without Age- Yarrow or email us at cwayarrow@gmail.com



PAC UPDATES



A NOTE FROM PAC

Wow! September flew by with our kiddos in their new school routines. We hope they have been enjoying their learning adventures while meeting new friends and seeing old ones.

A huge thank you to everyone who joined us at the Meet the Teacher BBQ. It was great to see so many families in the classrooms and wandering the hallways as well as enjoying the bit of sun outside during the BBQ.

A special thank you to all of the amazing volunteers who helped make it happen. We couldn't put these sort of events on without the help of volunteers.

Want to get involved but not sure where to start?

Come to the first PAC meeting on Thursday October 1st at 7pm at the school to see what we are all about! You can also keep an eye on our Facebook page for volunteer opportunities. Our school community is strongest when parents and caregivers get involved - none of this happens without you!

IMPORTANT MEETING REMINDER

Thursday, October 1 at 7:00 PM at the school

This first PAC meeting is especially important! We'll be setting our fundraising priorities for the year and discussing how we can best direct PAC funds to support our students and school. We'd love to have as many parents and caregivers attend as possible so we can hear your ideas, priorities, and feedback

NEUFELD'S FUNDRAISER

Our Neufeld's fundraiser is underway! This is a great opportunity to support our school while ordering fresh, high-quality products for your family. See flyer at the end for ordering details

Ordering closes: October 14, 2026

Order pick-up: October 21, 2026

Every purchase helps support our students and PAC initiatives. Thank you for your support!

POPCORN DAYS

- To make things easier for families, you can prepay for all of the popcorn days for the school year through munchalunch.com. This means you won't have to remember a dollar each month - your child(ren) will automatically receive their popcorn on each scheduled Popcorn Day.
- Thank you for supporting our PAC and helping us keep these fun little treats going throughout the school year!

DIGITAL SCHOOL CALENDAR

If you would like to be connected to the digital school calendar, so you can easily keep up with PAC meetings, fundraisers, events, and important dates, please follow this link:

<https://yarrow.sd33.bc.ca/calendar>

and click on the + sign at the bottom of the calendar on the right side.

STAY CONNECTED

Email: yarrowpac@gmail.com

Facebook: Yarrow Community School PAC

PAC Meetings: Thursday
October 1st at 7pm - the rest to be determined at this meeting

THANK YOU FOR HELPING MAKE A DIFFERENCE IN OUR SCHOOL COMMUNITY!

View our Gourmet Foods by scanning the QR code below
All of your favorites are just a click away...



Yarrow Community School NEUFELD FARMS FUNDRAISER

Orders In By: October 14 2026, end of day
Pick up: October 19th 2026, 2:00 pm




Neufeld
FUNDRAISING

<https://app.neufeldfarms.ca/fundraising/2026-yarrow-community-school-542a2cba6e>

Fair Notice



Common programs and integrated services shall provide information to those who receive or are affected by their services. This is referred to as **Fair Notice** that such a multi-agency program/initiative exists. The Chilliwack School District is committed to providing a safe and inclusive environment for all staff, clients, students and community members, and as such, is a member of the Chilliwack Community Violence Threat Risk Assessment (VTRA or ARTO) Protocol.

WHAT IS A VIOLENCE THREAT RISK ASSESSMENT (VTRA) PROTOCOL?

The protocol is designed to enhance communication between all partners. It is incumbent upon the partners to share necessary and appropriate information that may initiate or facilitate the Assessment of Risk to Others (ARTO) process. It is a trauma-informed and equity-inclusion guided practice that utilizes and Assessment of Risk to Others (ARTO) process to:

- To ensure the safety of all individuals,
- Begin to understand the factors that contribute to the Individual of Concern's (IOC's) threatening or high-risk behaviour,
- View the Individual of Concern (IOC) as in need of intervention and support rather than discipline.
- Be proactive in developing an intervention plan that addresses the emotional and physical safety of the Individual of Concern (IOC). It may include disciplinary action but will include appropriate supports to aid in the Individual of Concern (IOC) in developing and using more appropriate strategies,
- Promotes the emotional and physical safety of all.

It is NOT a Disciplinary tool or response.

WHAT IS A THREAT?

A threat is an expression of intent to do harm or act out violently against someone or something. Threats may be verbal, written down, posted on the Internet, or made by gesture. Threats must be taken seriously, investigated, and responded to appropriately.

DUTY TO REPORT?

Often when we hear in the media about a violent incident, we learn that the Individual of Concern had made threats in advance of acting violently. To keep our communities safe, staff community members, students, and parents all need to act responsibly and report all threat-related behaviours and high-risk activities. This report can be made to any community partner of the Chilliwack VTRA/ARTO Protocol.

When a report of a threat is received by any member of this protocol, and upon screening it is determined the threshold for the "Categories of Action" is met, the Chilliwack VTRA/ARTO Protocol will be activated.

"Categories for Action" may include, but are not limited to:

- Serious violence or violence with intent to kill,
- Violence with intent to do serious bodily harm,
- Verbal/written threats to kill others ("clear, direct and plausible"),
- Verbal/written threats to do serious bodily harm ("clear, direct and plausible"),
- Social Media/Technology generated threats to harm/kill others,
- Possession of weapons (including replicas),
- Bomb threats (making and/or detonating explosive devices),
- Fire setting,
- Sexual intimidation or assault,
- Ongoing pervasive and targeted bullying and/or harassment,
- Gang related intimidation and violence,
- Hate incidents motivated by factors including, but not limited to, race, culture, religion, and/or sexual and gender diversity,
- Suicidal ideation or attempts as related to "Fluidity" or "Conspiracy to Two or More".

CAN I REFUSE TO PARTICIPATE?

It is important for all parties to engage in the process. If for some reason there is a reluctance to participate in the process, by either the Individual of Concern or parent/guardian, the threat assessment will continue in order to ensure and restore a safe and inclusive environment for all.

Help your school community stay healthy



Parents, guardians, students and school staff, visit our School Health resources:



fraserhealth.ca/SchoolHealth



fraserhealth.ca/ChildandYouth



Welcome to Kindergarten!

Get your child ready for kindergarten. Make sure their immunizations are up-to-date and that they complete all of the recommended health screenings.

Immunizations

Two free vaccines are recommended for children age 4 and older:

Tdap-IPV to protect against diphtheria, tetanus, whooping cough (pertussis), and polio.

MMRV to protect against measles, mumps, rubella, and chickenpox (varicella).

Schedule your child's immunization by calling your doctor, pharmacist, or Public Health Unit.



Report immunizations to your Public Health Unit.

Call your local Public Health Unit or complete the online form at fraserhealth.ca/immunizationform

Public Health Services

You can consult your local Public Health Unit. Services include, but are not limited to, the following:

- Immunizations
- Child health screenings
- Educational health and safety resources

Serious medical conditions and school

If your child might need emergency health care or medicines at school, alert the school and complete a health plan with your school principal and your child's teacher every year. You can consult a Public Health nurse if needed.

School health resources



Visit our School Health web resource for information for students 5 to 18 years old, plus useful information for parents and school staff. See the section on kindergarten readiness. Visit fraserhealth.ca/schoolhealth

Dental, vision, and hearing screening

Dental screening

During the school year, we offer free dental screening to some kindergarten students. We do this to find and help children who have dental concerns. This screening should not replace an exam done by a dentist.

Vision

We encourage you to make an appointment with your local optometrist for your child's yearly eye exam. Basic eye exams are free once a year up to age 18.

Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. Community audiologists provide hearing services for children from birth to 19 years of age.

For children who have hearing concerns, a parent/guardian or a health or education professional can refer the child to the local Public Health audiology clinic.

Some children might qualify for free basic dental, eyeglasses, and hearing coverage from the BC Healthy Kids Program.



For more information, call 1-866-866-0800 or visit gov.bc.ca and search [Basic dental, eyeglasses, and hearing care](#).

Some families might qualify for the Canadian Dental Care Plan which can help make dental care more affordable.



For more information call 1-833-537-4342 or search online for [Canadian Dental Care Plan](#).

Active travel to school



Plan ahead for how your child will get to school. Get tips and resources on walking, biking, riding, or rolling to school. Visit translink.ca/kidsprograms.

Fraser Health Virtual Care



Health concern? Call [Fraser Health Virtual Care](#) at 1-800-314-0999 to speak with a registered nurse or connect online. 10:00 a.m. to 10:00 p.m., 7 days a week.



After hours, call HealthLinkBC at 8-1-1 or visit healthlinkbc.ca for general health information and advice from a nurse, dietitian, pharmacist, or exercise professional.

Public Health Units

Abbotsford 604-864-3400	Agassiz 604-793-7160
Burnaby 604-918-7605	Chilliwack 604-702-4900
Cloverdale, Surrey 604-575-5100	Guildford, Surrey 604-587-4750
Hope 604-860-7630	Langley 604-539-2900
Maple Ridge 604-476-7000	Mission 604-814-5500
New Westminister 604-777-6740	Tri Cities, Port Moody 604-949-7200
	North Delta 604-507-5400
	South Delta 604-952-3550

Keep immunizations up to date

You can check the immunization records of your child or the child in your care one of these ways:

- Scanning this QR code
- Going online to HealthGateway.gov.bc.ca
- Using the Health Gateway app



Records for children under 12 years old are on their parent's account. Children 12 years and older need to log in to their own accounts to see their records.

How do I get vaccines for the child?

You can make an appointment for immunization at a public health unit. Please call:



- 604-702-4906 if you live in Mission, Abbotsford, Chilliwack, Agassiz, or Hope
- 604-476-7087 if you live in any of the other communities of Fraser Health

If you prefer, you can make an immunization appointment with a doctor, nurse practitioner, or pharmacist. Call ahead and ask if this service is available.

All routine vaccines are free in British Columbia.

What if the child had vaccines, but they are not on their immunization record?

If vaccines were given by a family doctor, nurse practitioner, or pharmacist, they might not be on the child's immunization record. If the record is missing vaccines, please do the following:

1. Contact the health care provider that gave the immunization and ask for a copy of the immunization record.
2. Report these immunizations by either scanning this QR code or by going to FraserHealth.ca/immunizationform



For more information go to FraserHealth.ca/immunize or call your local public health unit.



Public Health Units					
Abbotsford 604-864-3400	Agassiz 604-793-7160	Burnaby 604-918-7605	Chilliwack 604-702-4900	Cloverdale 604-575-5100	Guildford 604-587-4750
Hope 604-860-7630	Langley 604-539-2900	Maple Ridge 604-476-7000	Mission 604-814-5500	New Westminster 604-777-6740	TriCities (Port Moody) 604-949-7200
Newton 604-507-5400	North Delta 604-587-7900	North Surrey 604-587-7900	South Delta 604-952-3550	White Rock 604-542-4000	

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

Catalogue #268052 (August 2024)

For more copies: patienteduc@fraserhealth.ca